

Eco-responsible Charter

Académie Gli Incogniti #4

In 2020, Gli Incogniti gave birth to [Green'cogniti](#), whose aim is to adopt eco-responsible practices in all the areas of ensemble's activity (regarding hotels, transport, catering, offices, technical issues...).

Gli Incogniti's commitment continued in June 2020 by joining [ARVIVA - Arts vivants, Arts durables](#). A network gathering organizations of the performing arts and willing to make the cultural sector's practices evolve in a more eco-responsible way.

In that respect, the fourth edition of the Académie Gli Incogniti will be part of this dynamic and show our conviction for the necessity of urgent changes. You will find in this charter Gli Incogniti's commitments towards the participants and teachers of the Académie ; and on the other hand, what Gli Incogniti would like to ask the participants and teachers to respect throughout the Académie.

Gli Incogniti's commitments

ACCOMMODATION

- Choose an alternative option to hotel (no cleaning every day, no hospitality products and samples, no plastic cups, no cleaning of the towels during all the stay)
- Host the Académie in a building restored on an eco-friendly basis ([more info on the restoration process and the research undertaken here](#))
- Provide immersion in a preserved place and landscape (hand weeding, respect for traditional building)
- Minimize energy consumption: low-energy lights & class A household appliances
- Minimize water consumption: water saving systems for showers & rooftop rain water harvesting
- Use non-toxic cleaning and washing products

On average, a client uses 300 litres of water per night in the hotel compared to 150 litres at home.
[source](#)

CATERING

- Provide on-site cooked meals with appropriate quantities to banish food waste
- Imagine fully vegetarian menus
- Use fresh seasonal & local products purchased through short distribution channels (Saint-Affrique market)
- Minimize packaging waste (water, fresh products, groceries...)
- Set up waste management: selective sorting, composting of organic waste

The production of 1 kg of meat emits between 5 and 10 times more greenhouse gases than the production of 1 kg of cereals.
[ADEME](#)

TRANSPORT

- Encourage train travel for teachers and staff whenever possible
- Organize a shuttle from Toulouse to Le Brugas to avoid individual car trips
- Optimize the team's back-and-forths (groceries, arrivals and departures...)

Participants and teachers' commitments

ACCOMMODATION

- Respect the biodiversity & the natural place where we are staying (noise & light at night)
- Reduce as much as possible your water consumption
- Turn off the lights and unplug all your devices, chargers when you don't use them
- Keep the heating at 19° during the day, 17/18° at night and turn it off while windows are open
- Bring your own hygiene products (why not solid and/or homemade shampoo, soap, toothpaste, deodorant, make-up remover...)
- Prefer washable hygiene products (tissue pads for make-up, ear swab, razors...)

CATERING

- Respect the selective sorting & organic compost set up at Le Brugas
- Bring your own reusable bottle and fill it up so as not to use plastic bottles
- Do not serve you more food than you can eat in order to avoid food waste
- Prefer reusable containers and cutlery for your meals during travel

A tomato produced out of season generates 4 times more kgCO₂e than a tomato produced in the right season (between June and September in France).

ADEME

TRANSPORT

- Prefer the train to the plane to come to the Académie.
- Encourage carpooling when possible (to go to the train station for example).
- Prefer city bus to taxi for possible transfers (home-train station, airport-train station...).
- Prefer the bus organized by Gli Incogniti from Toulouse than individual car

In France, per person and per kilometre, the train pollutes 8 times less than the car and 14 times less than the plane (and the TGV 3 times less than a conventional train).

ADEME

Calculate your carbon footprint



A workshop about the main issues of the ecological transition and discussions about how to tour in an eco-responsible way will be offered to the participants.

